

Iowa Child Care Infant, Toddler, Preschool Age – Child Health Exam Form

DOCTORS COMPLETE THIS PAGE¹

Child's Name: _____

Birthdate: _____

Age today: _____

Date of Exam: _____

Height or Length: _____

Weight _____

Head Circumference (for children under 2 yr.): _____

Body Mass Index (for children over 2 yr.): _____

Blood Pressure (start @ age 3 yr.): _____

Hgb. or Hct.: (start @ 1 yr.) _____

Blood Lead Level: (start @ 1 yr.) _____

Sensory Screening:

Vision Right eye _____ Left eye _____

Hearing Right ear _____ Left ear _____

Tympanometry (attach results) _____

Developmental Screening:

Personal-Social _____

Fine Motor-Adaptive _____

Language _____

Gross Motor _____

Developmental Referral Made Today: ☐ Yes ☐ No

Exam Results: (*n* = normal limits) otherwise describe _____

HEENT _____

Oral/Teeth _____

Date of Last Dental Exam: _____

Dental Referral Made Today: ☐ Yes ☐ No

Heart _____

Lungs _____

Stomach/Abdomen _____

Genitalia _____

Extremities, Joints, Muscles, Spine _____

Skin, Lymph Nodes _____

Neurological _____

Spouse is available to both parents for detailed physician comments or instructions

¹ Iowa Child Care Regulations require an admission physical exam report within the previous year. Annually thereafter, a statement of health condition signed by an approved health care provider. The American Academy of Pediatrics has recommendations for frequency of childhood preventative pediatric health care (RE9939, March 2000) www.aap.org

Immunization: Doctor may attach a copy of Iowa Department of Public Health Immunization Certificate

DtaP/DTP/Td _____

Hepatitis B _____

HIB _____

Influenza _____

MMR _____

Pneumococcal _____

Polio _____

Varicella _____

Other _____

TB testing (for high risk child only) _____

Medication: Physician authorizes the child may receive the following medications while at child care: (include over-the-counter and prescribed)

Medication Name _____

Dosage _____

☐ Diaper crème: _____

☐ Pain reliever: _____

☐ Sunscreen: _____

☐ Cough medication _____

Other Medication should be listed with written instructions for use in child care.

Referrals made:

☐ Referred to *hawk-i* today 1-800-257-8563

Health Provider Assessment Statement:

☐ The child may participate in developmentally appropriate child care/preschool with **NO** health-related restrictions.

☐ The child may participate in developmentally appropriate child care/preschool **with these restrictions:** _____

Doctor Signature _____

Circle the Provider Credential Type: MD DO PA ARNP

Address: _____

Telephone: _____